

TRUTHS & DEAL BREAKERS...MOM FRIENDS: When middle school besties become frenemies, mom friendships take the hit. Understanding and navigating mom conflict ... along. (Truths and Deal Breakers Book 1)

Quinn McKeerson

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Have some of your closest mom friendships become difficult due to "girl drama" between your daughters? Have you found yourself struggling with communications, expectations and hurt feelings with your mom friend? I found myself in this situation during my daughter's middle school years and searched relentlessly for information on the topic, without much luck.

All I knew for certain was that I wanted to handle my difficult mom friendships with grace and kindness and not lose myself along the way. So I did some major soul-searching, analyzed/reanalyzed the issues and then added a big dose of objectivity. By the end, I had discovered the key to understanding and navigating this tricky area - Truths and Deal Breakers.

A new way of understanding what causes friendship/relationship deal breakers and how to handle them with grace and kindness, this short book provides insight and easy-to-digest-and-put-into-action information, examples of my own personal experiences and words to use when you aren't quite sure what to say to your mom friend.



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