



# **Eleanor Roosevelt's Life of Soul Searching and Self Discovery: From Depression and Betrayal to First Lady of the World**

*Ann Atkins*

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From a childhood plagued with drunks and drama queens, Eleanor must now discard her dependency on Franklin and face off with her grand dame mother-in-law. Refusing to cave in to society's rules, Eleanor's exuberant style, wavering voice and lack of Hollywood beauty are fodder for the media. First Lady for thirteen years, Eleanor redefines and exploits this role to a position of power. Using her influence she champions for Jews, African Americans and women. Living through two world wars Eleanor witnesses thousands of graves, broken bodies and grieving families. After visiting troops in the Pacific she says: "If we don't make this a more decent world to live in I don't see how we can look these boys in the eyes." She defies a post-war return to status quo and establishes the Universal Declaration of Human Rights within the U.N. She earns her way to being named "First Lady of the World." The audacity of this woman to live out her own destiny challenges us to do the same. After all, it's not about Eleanor. Her story is history. It's about us.

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