



## **Overweight and the Metabolic Syndrome:: From Bench to Bedside (Endocrine Updates)**

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# Overweight and the Metabolic Syndrome:: From Bench to Bedside (Endocrine Updates)

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This timely book provides an overview of topics related to obesity. These include associated health risks, childhood obesity, genetics, evaluation, treatment, behavioral strategies, and successes and failures in preventing obesity. The volume covers evaluation guidelines, different approaches to treatment, including diet, exercise, behavior, drugs, and surgery to deal with the current world-wide obesity epidemic.

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