



Health Promotion Strategies Through the Life Span (8th Edition)

Ruth Beckmann Murray Ed.D MSN RN CS , Judith Proctor Zentner RN MA , Richard Yakimo

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This valued resource provides a holistic approach to the health promotion of the individual and family throughout all developmental stages, from birth to death. The eighth edition presents new coverage of the prominent concepts and theories of health promotion for individuals and families. Specific guidelines for assessment and interventions are woven throughout the chapters, with cultural care considerations, education strategies, and spiritual and religious influences addressed for each age. This popular text provides an excellent foundation for students and a refresher for practitioners.

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