



# Eye Movement Desensitization and Reprocessing (EMDR) Scripted Protocols: Basics and Special Situations

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# Eye Movement Desensitization and Reprocessing (EMDR) Scripted Protocols: Basics and Special Situations

## Eye Movement Desensitization and Reprocessing (EMDR) Scripted Protocols: Basics and Special Situations

This excellent book contains many different scripts, applicable to a number of special populations. It takes a practical approach and walks therapists step-by-step through the EMDR therapeutic process. [Readers] will not be disappointed." **Score: 93, 4 stars**

--Doody's

### Praise from a practicing EMDR therapist and user of Eye Movement Desensitization and Reprocessing (EMDR) Scripted Protocols:

"Kudos to...everyone who contributed to this important volume....[It] is an indispensable resource. Thank you, thank you, thank you!

--**Andrea B. Goldberg, LCSW**  
EMDRIA Certified EMDR Therapist  
EMDRIA Consultant-in-training  
Bloomfield and Newark, NJ

This book serves as a one-stop resource where therapists can access a wide range of word-for-word scripted protocols for EMDR practice, including the past, present, and future templates. These scripts are conveniently outlined in an easy-to-use, manual style template for therapists, allowing them to have a reliable, consistent form and procedure when using EMDR with clients.

The book contains an entire section on the development of resources and on clinician self-care. There is a self-awareness questionnaire to assist clinicians in identifying potential problems that often arise in treatment, allowing for strategies to deal with them. Also included are helpful past memory, current triggers and future template worksheet scripts.

### Key topics include:

- Client history taking that will inform the treatment process of patients
- Resource development to help clients identify and target their problems to regain control when issues appear overwhelming
- Scripts for the 6 basic EMDR Protocols for traumatic events, current anxieties and behaviors, recent traumatic events, phobias, excessive grief, and illness and somatic disorders
- Early intervention procedures for man-made and natural catastrophes
- EMDR and early interventions for groups, including work with children, adolescents, and adults
- Written workbook format for individual or group EMDR
- EMDR to enhance performance and positive emotion

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### **From reader reviews:**

#### **Nancy Mitchell:**

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#### **Lester Magno:**

What is your hobby? Have you heard which question when you got college students? We believe that that issue was given by teacher on their students. Many kinds of hobby, All people has different hobby. And also you know that little person like reading or as reading through become their hobby. You should know that reading is very important as well as book as to be the point. Book is important thing to add you knowledge, except your own teacher or lecturer. You will find good news or update concerning something by book. Amount types of books that can you take to be your object. One of them is niagra Eye Movement

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