



If I'm So Smart, Why Can't I Be Happy?

Angela Lauria

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If I'm So Smart, Why Can't I Be Happy? Angela Lauria

Who doesn't want to be happier? We want it for ourselves, our kids, our spouses and friends and yet being happy is so often out of reach. In this practical guide you'll learn the steps and strategies that make it possible to get happy; but this book goes deeper and uncovers the hidden reasons why it can be so hard to get happy and stay that way.

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