



ODATCards-12-Step Recovery Beginners Slogan Meditation Cards

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ODAT's Beginners' Cards Deck was created as an additional tool to Help people involved with 12-Step Recovery Addiction programs. These cards include the Basic Slogans and Suggestions which are life saving in the early days of recovery. Whether you are in Narcotics Anonymous, Alcoholics Anonymous, Gamblers Anonymous, Over-Eaters Anonymous etc.. Addiction effects every family one way or another. ODATCards Beginers Deck: Includes 90 cards that combine 12-Step Recovery Slogans and Suggestions relevant to Early Recovery. One of the first things we hear, is to do 90 meetings in 90 days, this Deck gives the Newcomers a positive focus for each of those 90 days. Pick a Card a Day and the 90 will take care of itself!

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