



Hormone Replacement Therapy and Quality of Life

Hermann P.G. Schneider

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Since hormone replacement therapy (HRT) has to be carefully tailored to individual patients, it often has unpleasant side-effects. Many patients discontinue it without allowing the opportunity for adjustment and re-assessment. This volume reviews all the clinical considerations related to HRT and the benefits it can have for patient quality of life. It provides guidance on improving patient compliance and assessment of each therapeutic option. It gives you the information you need to more quickly tailor HRT to each individual patient, decreasing the impact that HRT can have on their quality of life and increasing its impact on their health.

A panel of experts cover:

- *Assessing quality of life
- *Studying the menopausal transition
- *Measuring the symptom dimension of Quality of Life
- *Evaluation of Climacteric complaints
- *Psychosocial factors associated with the use of HRT
- *Mood during the menopause transition
- *Sexuality

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