



Mayan Cuisine: Recipes from the Yucatan Region

Daniel Hoyer

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In his signature style, Daniel Hoyer brings us the authentic recipes of the Mayan Cuisine: Recipes from the Yucatan Region, along with his personal experiences that make the historical and cultural background of this people accessible and enjoyable. Having been influenced for centuries by the Spanish, other European countries, Africa, the Middle East, Asia, and even the Caribbean, Mayan food is remarkably unique and distinct. Mayan Cooking offers recipes for Sweet Corn and Cilantro Cream Soups, Yucatan BBQ Shrimp, Smoked Pork Loin, Jicama-Orange Salad, and Chicken in Red Chile and Pumpkinseed Sauce, as well as an abundance of recipes for salsas, sauces, spice mixes, and marinades.

Recipes Include:

Bean-Filled Masa Fritters

Baked Chayote Squash Pudding

Mexican Lime Soup

Pit-Roasted Pork with Yucatan Spices

Yucatan BBQ Shrimp

Pumpkinseed Brittle

Author Bio: Daniel Hoyer is an experienced chef, restaurateur, and teacher. Daniel is the author of Culinary Mexico: Authentic Recipes and Traditions and Fiesta on the Grill. He resides in the Rio Grande Valley near Pilar, New Mexico, with his family.

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