



# Surviving Infidelity: Making Decisions, Recovering from the Pain, 3rd Edition

*Rona B. Subotnik, Gloria Harris*

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## What Now?

Nothing your marriage has sustained in the past compares to the pain of discovering that your spouse has been unfaithful. The betrayal, rage, sadness, and jealousy is unlike anything you've experienced before. And yet it is possible to move forward, decide what to do in your marriage, and most important, heal.

For more than 10 years, *Surviving Infidelity* has been offering sage advice and compassionate, nonjudgmental analysis. Based on the private practices of licensed marriage and family therapist **Rona B. Subotnik** and clinical psychologist **Gloria G. Harris, Ph.D.**, this third edition has been completely updated and gives you strategies to:

- Understand the different kinds of affairs and why they happen, including Internet and emotional affairs
- Cope with your emotions, from grief to rage
- Repair the marriage if you choose to
- Learn what it takes to be a survivor

*Surviving Infidelity, 3rd Edition* brings you the new hope and the empathy you need in this difficult time.

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