



How to Stay Motivated: Volume 3 - The Goals Program

Zig Ziglar

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How to Stay Motivated - Volume 3 The Goals Program by Zig Ziglar (6 Audiocassettes) 1: You and your goals program. 2: The specifics of setting goals. 3: Reaching your goals in life. 4: Motivation + information = inspiration. 5: The foundation of greatness. 6: Overcoming adversity to live your dreams. After listening to each of the 60-minute tape segments, you will be able to: • Eliminate 4 obstacles that stand between most people and their goals: fear, poor self-image, never being sold, and lack of know-how. • Ask yourself five critical questions before setting a goal, and utilize Zig's 7-step methodology to set any kind of goal. • Practice Zig's 11-step formula for reaching goals. • Recognize the opportunities that are around you and how to demonstrate the effectiveness of developing the qualities of success. • Explore creativity, what it is, the part knowledge plays, and how motivation can unleash it within you. • Build your life on solid foundational principles that will guarantee your success. Overcome adversity to live your dreams.

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