



How to Eat Like a Child: And Other Lessons in Not Being a Grown-up

Delia Ephron

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Universal and timeless, Delia Ephron's *How to Eat Like a Child* is a delightful revisiting of the joys -- and tricky ploys -- of childhood. Made into a children's television special and a musical theater revue performed across the country each year, *How to Eat Like a Child* offers advice beyond the artful etiquette of food consumption. Ephron also teaches us "How to Laugh Hysterically," "How to Have a Birthday Party," "How to Torture Your Sister," and much, much more. As the *Washington Post Book World* noted, "After the giggles of recognition have subsided, one thing will be very clear: all adults are kids in grown-ups' clothing."

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