



# Shine: Using Brain Science to Get the Best from Your People

*Edward M. Hallowell*

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Your job as a manager is getting harder all the time. But your most critical responsibility—especially in today’s world of intensifying competition—is how to help your people shine their brightest.

How do you inspire solid contributors to strive for more? What should you do if a star player falls off their game?

In *Shine*, bestselling author, psychiatrist, and ADD expert Edward Hallowell draws on brain science, performance research, and his own experience helping people maximize their potential to present a proven process for getting the best from your people:

- Select—put the right people in the right job, and give them responsibilities that “light up” their brain.
- Connect—strengthen interpersonal bonds among team members.
- Play—help people unleash their imaginations at work.
- Grapple and Grow—when the pressure’s on, enable employees to achieve mastery of their work.
- Shine—use the right rewards to promote loyalty and stoke your people’s desire to excel.

Brimming with Hallowell’s trademark candor and warmth, *Shine* is a vital new resource for all managers seeking to inspire excellence in their teams.

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A lot of people always spent their very own free time to vacation as well as go to the outside with them household or their friend. Do you know? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. In order to try to find a new activity here is look different you can read a new book. It is really fun for yourself. If you enjoy the book that you simply read you can spent all day long to reading a book. The book Shine: Using Brain Science to Get the Best from Your People it is extremely good to read. There are a lot of people that recommended this book. We were holding enjoying reading this book. If you did not have enough space to create this book you can buy often the e-book. You can m0ore very easily to read this book through your smart phone. The price is not to cover but this book provides high quality.

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Playing with family inside a park, coming to see the water world or hanging out with good friends is thing that usually you will have done when you have spare time, subsequently why you don't try thing that really opposite from that. A single activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Shine: Using Brain Science to Get the Best from Your People, you could enjoy both. It is great combination right, you still desire to miss it? What kind of hang-out type is it? Oh can occur its mind hangout men. What? Still don't have it, oh come on its called reading friends.

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