



# The Type

*Sarah Kay*

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## The Type Sarah Kay

**Sarah Kay's powerful spoken word poetry performances have gone viral, with more than 10 million online views and thousands more in global live audiences. In her second single-poem volume, Kay takes readers along a lyrical road toward empowerment, exploring the promise and complicated reality of being a woman.**

During her spoken word poetry performances, audiences around the world have responded strongly to Sarah Kay's poem *The Type*. As Kay wrote in *The Huffington Post*: "Much media attention has been paid to what it means to 'be a woman,' but often the conversation focuses on what it means to be a woman in relation to others. I believe these relationships are important. I also think it is possible to define ourselves solely as individuals... We have the power to define ourselves: by telling our own stories, in our own words, with our own voices."

Never-before-published in book form, *The Type* is illustrated throughout and perfect for gift-giving.

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