



The Golf Instruction Manual

Steve Newell

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Expert instruction that will transform the game of players at all levels. Golf is a game in which even the experienced player can reap the benefits from expert instruction. Covering every possible aspect of developing a repeatable, effective golf swing, Steve Newell's Golf Instruction Manual works systematically through every type of shot -- from tee shots, iron play, pitching and chipping to coping with bunkers and putting. Each section includes a test to establish your level of ability and provides a series of progressive exercises designed to develop your technique. A section on the top 10 most common faults that can creep into your game shows you how to fix them quickly and efficiently. Playing the Game: Beyond striking the ball, The Golf Instruction Manual also shows you routines to help you think more decisively on the course and deal with high-pressure situations. An invaluable reference section advises you on buying equipment, guides you through all-important golf etiquette, clearly explains golf's most important rules, and defines all the key terms used by golfers. A self-improvement guide to better golf, offering a fast track to a lower handicap for all -- from the novice to the experienced club golfer.



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