



# Caring for the Elderly At Home: The Caregiver's Guide

*Lori Bender*

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# Caring for the Elderly At Home: The Caregiver's Guide

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## **Caring for the Elderly At Home: The Caregiver's Guide** Lori Bender **Get The Answers You Need Now - Right Now!**

If you are a caregiver, soon to be a caregiver or managing the in-home care of a senior, you have come to the right place. This book duo is everything you need to organize the care of a senior or disabled person at home. There are systems for medication management, organizing a schedule that is easy to follow and maintain, how to find resources for help within your local community as well as recommendations for Internet sites of high quality that can help you further. This is a get-out-of-the-box-fast solution to how overwhelming this task can be. The companion workbook holds forms that will help you get organized, stay organized, and create a medical record that is easy to maintain and have at instant access in a medical emergency. This step-by-step plan provides the information and tools you need to be up and caregiving quickly and confidently. Caring for the Elderly at Home - The Caregiver's Guide and The Workbook" e-book editions are available here in PDF format for instant download to save and read on your desktop or to print and keep for easy reference anywhere.

*What this book will do for you:*

- "Caring for the Elderly at Home" is a full system for the complete care and daily management of an elderly family member or friend in your life. This system can be broken down into smaller systems that you can use in the event your senior only needs partial care right now. 1
- All the checklists you need, and tips for care issues that you can't even imagine yet! 1
- It will help you with successful time management so you can hang on to your own life while completely managing someone else's. 1
- It is a 'get out of the box fast' solution to having to care for an senior with no prior experience in doing so. 1
- Additional resources are provided that will guide you to in-depth information on specific illnesses when you need it. 1
- If you are a busy professional, "Caring For The Elderly At Home" will save you endless amounts of trial and error. 1
- It is not filled with endless details and fluff that you don't need now. With the time management systems in this guide, you will have time to read about situations and illness unique to your household later. 1

## **THIS IS EVERYTHING YOU NEED TO GET STARTED**

Whether you are just beginning to consider the possibility that you will be caring for an elder in the not-so-distant-future or you are in crisis mode and need a crash course in caring for the elderly at home - this easy to understand, 'no nonsense' caregivers guide has everything you need to get organized.

Some of the topics covered:

- Safety Issues for the Seniors
- Housing Options
- Medicare and Medicaid
- Keeping Track of Doctors

-Nutrition and Fitness  
-Medication Management  
-Driving and the Elderly  
-Financial and Legal Concerns  
AND MORE!

*What Other Caregiver's Are Saying About The Book*

"WOW! BRAVO, clap, clap, clap... A much needed resource." -Linda W. - Outer Banks, NC

"Easy to understand, comprehensive - you didn't miss a beat. You've covered everything necessary to take care of seniors. A well done, thought provoking work." -Lorraine B. - Old Lyme, CT

"I'm an experienced caregiver myself, and I've replaced a few of my old systems with yours because they work better for me. It was fun to read too. I wish I'd had this book years ago!" -Ashley M. - Sunrise, FL

"It's a homecare basics 101 course--fabulous! Everyone should start with this easy to understand book." - Mary B. - Sugarloaf Key, FL

"I can't even begin to tell you how apprehensive I am about caring for Mom. I don't want to let her down. I feel like the lights have been turned on. Thank you." -Rebecca D. - Detroit, MI

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#### **Ronald Brun:**

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#### **Gerald Stewart:**

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#### **Jessie Loudermilk:**

A lot of people always spent their own free time to vacation or go to the outside with them friends and family or their friend. Did you know? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. If you need to try to find a new activity that is look different you can read some sort of book. It is really fun in your case. If you enjoy the book which you read you can spent the entire day to reading a e-book. The book Caring for the Elderly At Home: The Caregiver's Guide it is quite good to read. There are a lot of people who recommended this book. These folks were enjoying reading this book. Should you did not have enough space to bring this book you can buy typically the e-book. You can m0ore very easily to read this book out of your smart phone. The price is not very costly but this book features high quality.

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