



Calmer, Easier, Happier Boys: The Revolutionary Programme That Transforms Family Life

Noel Janis-Norton

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Simple strategies for bringing out the best in boys In *Calmer Easier Happier Boys*, parenting expert Noel Janis-Norton explains simple strategies for the unique challenges of raising motivated, cooperative and confident boys. Using the foolproof techniques Noel has developed over many years of working with families, parents can get back in charge. Living with boys can become calmer, easier and happier. This useful and highly readable book tackles: - Self-reliance and common sense - Concentration and impulse control - Defiance, disrespect or aggression - Social skills and peer relationships - Dependency on electronics - Homework and academic success - Empathy and consideration for others - Helping around the home Full of practical suggestions and techniques that work, *Calmer Easier Happier Boys* will help you to transform your relationship with your sons. What parents of boys say after using the *Calmer Easier Happier Parenting* strategies: 'I'm so proud of the young man he's become, caring, hard-working, confident.' 'He suddenly seemed more grow-up.' 'The turnaround was almost like a miracle! It felt like we had a life again' FOR PARENTS OF BOYS AGED 3-13

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Anthony Chan:

Typically the book Calmer, Easier, Happier Boys: The Revolutionary Programme That Transforms Family Life has a lot details on it. So when you check out this book you can get a lot of gain. The book was written by the very famous author. This articles author makes some research before write this book. This kind of book very easy to read you may get the point easily after looking over this book.

Nancy Hedrick:

Reading can called imagination hangout, why? Because when you find yourself reading a book specially book entitled Calmer, Easier, Happier Boys: The Revolutionary Programme That Transforms Family Life your mind will drift away trough every dimension, wandering in each and every aspect that maybe mysterious for but surely will become your mind friends. Imaging every single word written in a book then become one form conclusion and explanation that maybe you never get ahead of. The Calmer, Easier, Happier Boys: The Revolutionary Programme That Transforms Family Life giving you one more experience more than blown away the mind but also giving you useful data for your better life in this particular era. So now let us teach you the relaxing pattern is your body and mind will likely be pleased when you are finished reading it, like winning a. Do you want to try this extraordinary shelling out spare time activity?

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