



# Thrive U: For The Athlete: By the Athlete

*Alex Demczak*

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**Thrive U: For The Athlete: By the Athlete** Alex Demczak

Thrive U is a hard hitting sports devotional that inspires athletes to Thrive! 100 collegiate and professional athletes representing 20 sports from across the country document their testimonies, trials, and triumphs as they aim to play for a bigger purpose! This must read devotional was created for athletes who don't simply want to survive...but to Thrive! Join the movement!

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