

# Exercises in Helping Skills for Egan's The Skilled Helper, 9th

Gerard Egan



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Written by Gerard Egan, with assistance from Rich McGourty, this manual parallels the main text, THE SKILLED HELPER, Ninth Edition. The manual allows students to complete self-development exercises as well as practice communication skills and each of the steps of the model in private before using them in actual face-to-face helping interactions with others.

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