

Gluten-Free Family Favorites: The 75 Go-To Recipes You Need to Feed Kids and Adults All Day, Every Day

Kelli Bronski, Peter Bronski

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This kid-friendly cookbook from category-leading authors has gluten-free families covered, every day of the week

Cooking and sharing meals is something every family should be able to enjoy together—even if one or more family members eats gluten-free. If your household is avoiding gluten, this book will lead the way to recreating your family's old favorites, and introduce you to a few new ones, too!

Gluten-Free Family Favorites is an accessible, photo-filled cookbook that makes gluten-free cooking fun, with 75 recipes designed to meet your family's everyday needs (and wants!), including:

- breakfasts to start the day off right (French Toast Sticks, Banana Muffins, Pancakes)
- snacks and sides that satisfy (Cashew Coconut Chia Squares, Soft Pretzels)
- balanced dinners (Pumpkin Gnocchi Nuggets, Spaghetti Bolognese, Quesadillas)
- familiar classics (Personal Pizzas, Fish Sticks, Chicken Fingers)
- tasty treats (Apple Cider Donuts, Waffle Cones, Chocolate Peanut Butter Brownies)

Alongside such kid-tested and approved recipes, *Gluten-Free Family Favorites* teaches the ins and outs of a gluten-free diet, including how to maintain a gluten-free kitchen, avoid cross-contamination, reduce the higher grocery bills that can come with a gluten-free diet, and empower children to select and prepare food for themselves.

Each recipe includes a full-page color photo, "Kids Can" tips to get kids cooking, and modifications for families avoiding other allergens or eating a vegetarian or vegan diet. With delicious recipes and a wealth of advice, this will be an indispensable addition to your family's cookbook shelf.



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Bettina Cutler:

People live in this new day of lifestyle always make an effort to and must have the free time or they will get large amount of stress from both day to day life and work. So, once we ask do people have free time, we will say absolutely indeed. People is human not just a robot. Then we question again, what kind of activity have you got when the spare time coming to a person of course your answer can unlimited right. Then do you try this one, reading ebooks. It can be your alternative inside spending your spare time, typically the book you have read will be Gluten-Free Family Favorites: The 75 Go-To Recipes You Need to Feed Kids and Adults All Day, Every Day.

Tina Alley:

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Charles Edwards:

In this particular era which is the greater particular person or who has ability in doing something more are more valuable than other. Do you want to become considered one of it? It is just simple approach to have that. What you must do is just spending your time not much but quite enough to possess a look at some books. Among the books in the top checklist in your reading list is usually Gluten-Free Family Favorites: The 75 Go-To Recipes You Need to Feed Kids and Adults All Day, Every Day. This book that is certainly qualified as The Hungry Mountains can get you closer in turning into precious person. By looking up and

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